

Cookbook of PEP for Driver Education

MT CURRICULUM GUIDE

M 2

Objective: Locating Basic Controls

INGREDIENTS

Checklist of basic vehicle controls

INSTRUCTIONS

Divide class into groups of three; have each respond with simulation to the checklist command for locating the controls.

Checklist:

- Steering wheel
- Steering wheel adjustment lever
- Gear selector lever
- Stick shift gear lever
- Ignition and starter switch
- Cruise control
- Parking brake
- Clutch pedal
- Foot brake pedal
- Accelerator pedal

HINT: Move slowly through the list, watch for errors in performance. Repeat as necessary until all students are performing correctly.

MT CURRICULUM GUIDE

M 2

Objective: Proper Posture for Vehicle Control and Comfort

INGREDIENTS

Student chairs

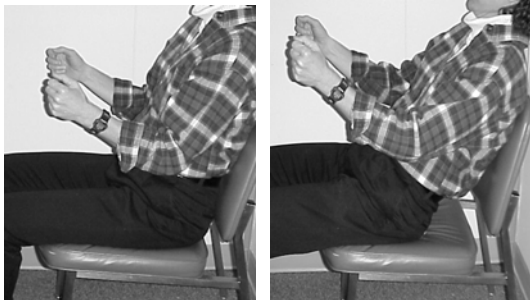


Photo A

Photo B

INSTRUCTIONS

Have the students practice appropriate seating posture for control and comfort:

- The chair is the driver's seat
- Lean slightly forward, slide all the way to the back of the seat, sit up straight (Photo A)
- Ask: Can you feel the support for your back?
- Now slouch down in the chair now (Photo B)
- Ask: Do you feel the lack of support to your back?
- Repeat again for comparison
- Ask: How could this affect your vision?
 - Is your hand position affected?